

"Our Best Always"



29h September 2023

Dear Parent/ Guardian,

I am writing to inform you that your child will participate in a four week Consent Ed Programme as part of the Social, Political and Health Education (SPHE) programme this year.

The Consent Ed programme is taught in an age-appropriate way and 'aims to support young people's holistic development of positive ideals and behaviours around consent and respect within relationships. Creating a safe and structured space where children and young people can explore their understanding of their own rights and boundaries is crucial in promoting their own ability to partake in healthy relationships.'

The four-week programme will follow the following schedule:

- Week 1- Intro to Consent Ed and sexual harrassment
- Week 2 Online sexual harm
- Week 3 Sexting and intimate image sharing
- Week 4 Grooming and sexual exploitation

It is envisioned that  $2^{nd}$  year students will begin the programme with their SPHE teacher in April 2024 and finish it in May 2024.

To further enhance the effectiveness of this programme, we would encourage you to discuss the issues that arise from these topics with your daughter at home.

Yours sincerely,

William Ryan

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Principal

Principal: Mr. Billy Ryan Deputy Principal: Ms. Mary Dooley Deputy Principal: Mr. Scott Gaynor Deputy Principal: Ms. Caroline Ryan Grogan's Road, Wexford, Ireland, Y35 XV70. Tel: 00 353 53 9124133 CH17522. Roll: 63661C Website: <u>www.preswex.ie</u> Email: <u>generaloffice@preswex.ie</u> <u>accounts@preswex.ie</u> Twitter: @preswex\_Instagram: PresentationWexford Facebook: Presentation Wexford