



Presentation Secondary School 1st Year Information Night



2019/2020

"Our Best, Always"

- Principal Mr William Ryan
- Deputy Principal Ms Mary Dooley
- Deputy Principal Ms Caroline Ryan
- Guidance Dept. Ms. B Kavanagh
- Mr D Nugent.
- Special Education Team Ms. M Curran, Ms. R Stenning, Ms. A Carr, Ms. T Bradshaw, Ms. E Sunderland
- Year Head Ms. V Whelan

1st Year Classes

- Year Head Ms. V Whelan
- Base classes and tutors
- Rang Aoife Mr. S Gaynor
- Rang Brigid Ms. R Stenning
- Rang Cliodhna

 Ms. D Leacy (Mr. C Doyle)
- Rang Deirdre– Mr. J Rolston
- Rang Etain Ms. L Mahon

SCHOOL BUILD

- DUE TO EVER INCREASING NUMBERS THE SCHOOL WILL BE BUILDING NEW FACILITIES TO START SOON.
- A NEW SCIENCE LAB AND PREP ROOM
- o 2 NEW CLASSROOMS





Environment of Care, Growth, and Belonging

- Tutor
- Year Head
- Meitheal Leaders
- Student Council
- Parents' Council
- Guidance Counsellors
- Learning Support/Resource
- Anti-Bullying Policy
- Code of Behaviour
- Journal
- Uniform

Extra Curricular Activities

- Basketball
- Handball
- Football
- Athletics
- Camogie
- Equestrian
- Outdoor Pursuits Days
- Deep Green
- Computer Club
- Couch to 5K club
- Games Club
- Library Club
- Feminist Society
- Drama
- Exchanges
- Creative Writing Club
- Senior and Junior Choir
- Liturgical services
- Positivity Group





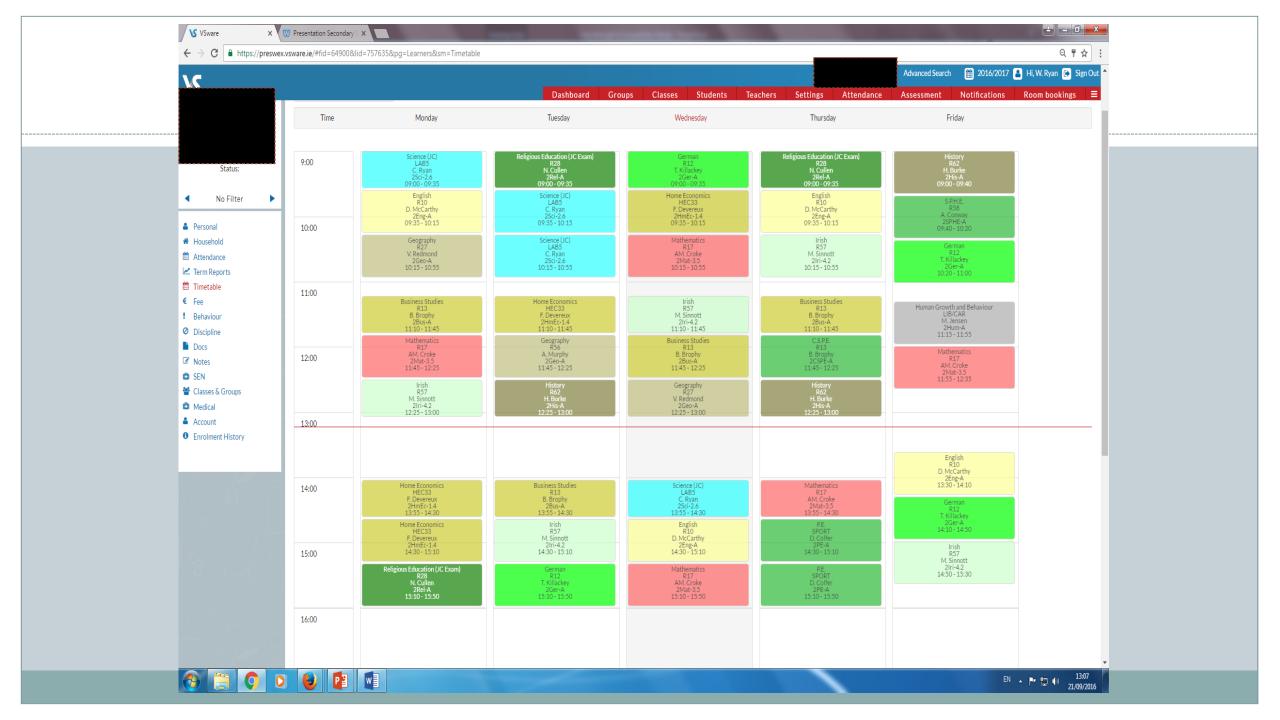


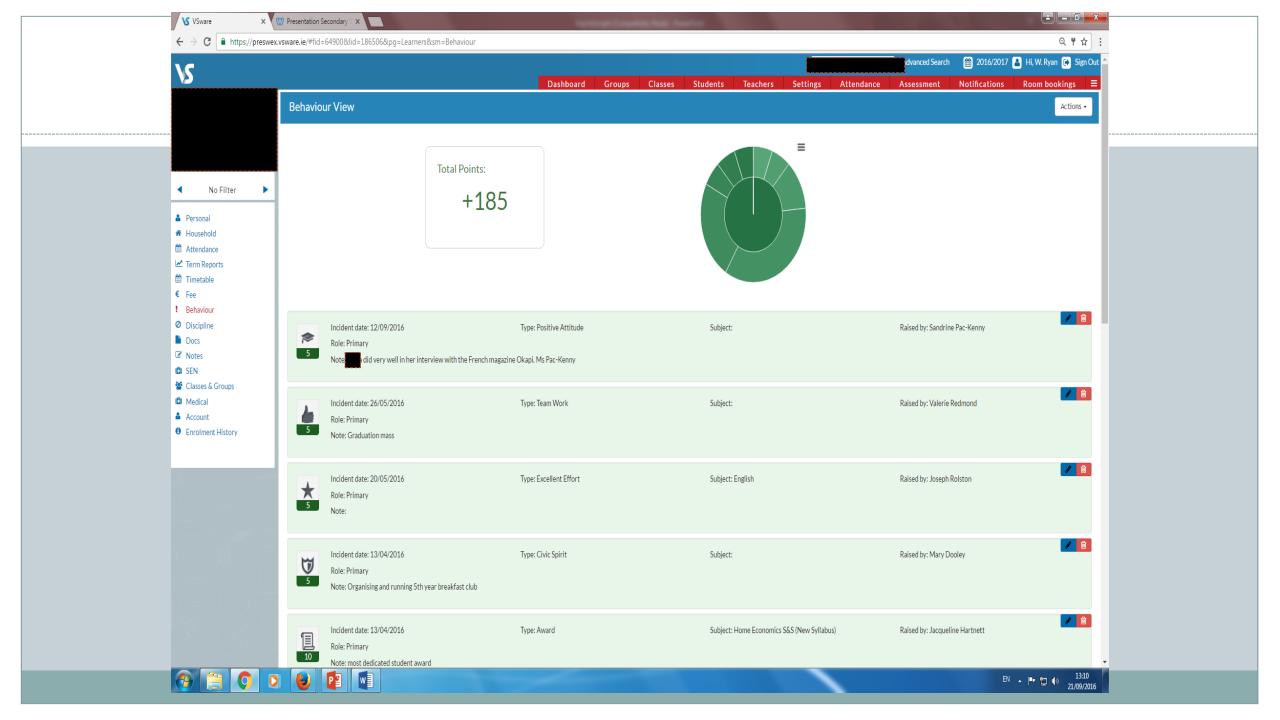
POSITIVE RE-INFORCEMENT

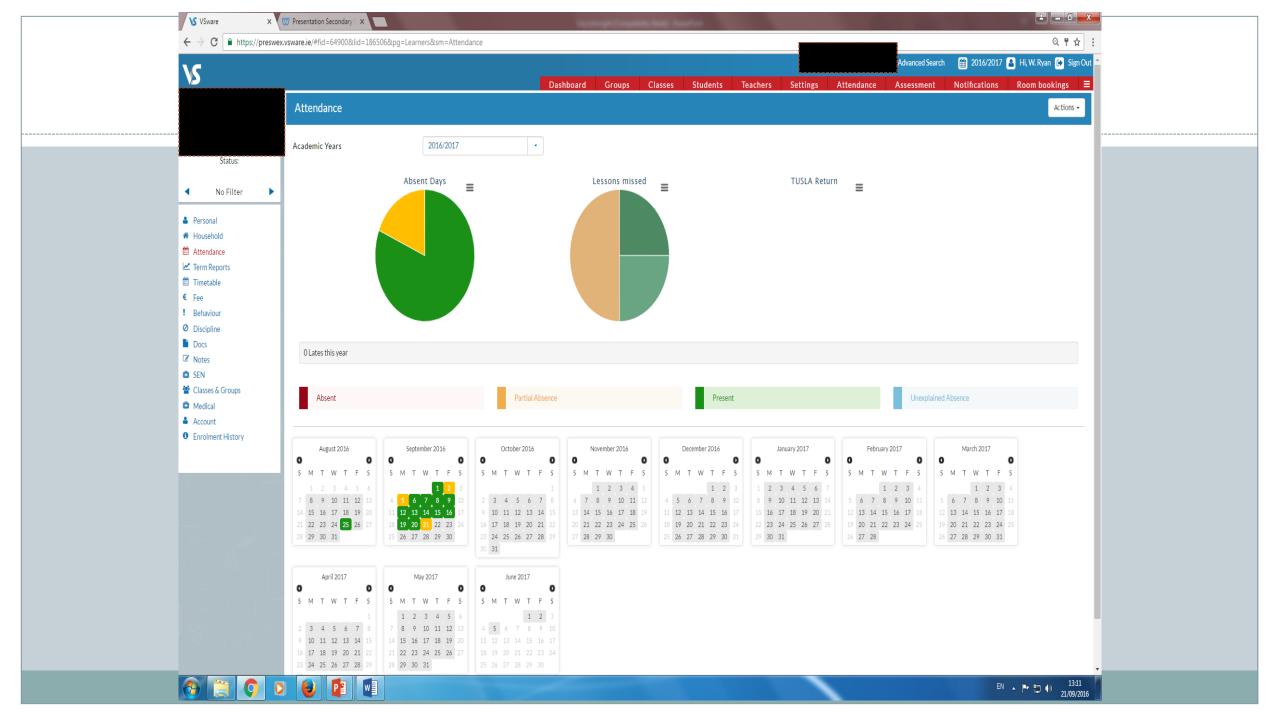




- Online system
- Vsware
- Parental access
- Behaviour
- Attendance
- o Reports
- Well done cards







Creating the Right Environment

Partnership

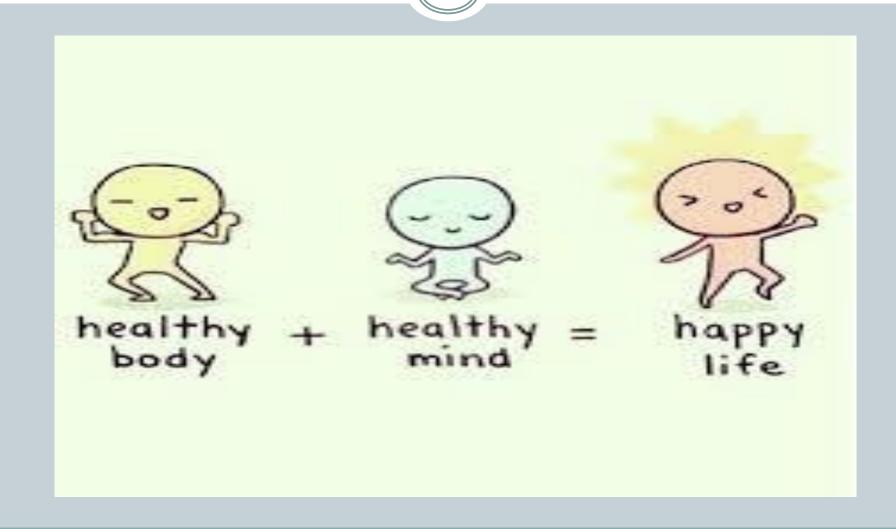
- School
- Student
- Home
- Wider Community





- We want our school to be the best school in which to learn, to play, and to grow
- Academic excellence and achievement is high on the school's agenda & School Focus

Balance



STUDENT'S RESPONSIBILITY



- We want each student to receive a Holistic Education.
- We want you to be:
- Be ambitious
- Always do your best
- Have respect for people and proper
- Be prepared
- Be in school every day attendance and punctuality are crucial
- Abide by the Code of Behaviour

Huge Change

- A lot more subjects
- A lot more teachers
- A lot more peers/people to deal with
- Bus

All happening at a time when adolescence is starting to kick in

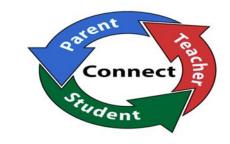


Transition from Primary to Secondary School

- Triple transition:
- From very familiar school environment to much larger school and new subjects;
- From one set of peer group and friends to another peer group;
- From childhood to adolescence.

From one school environment to another

- Physical effort of carrying copies & heavier bags
- Mental exhaustion of new and varied subjects
- Lockers can cause stress.
- Different homework expectations.
- Focus on exams (particularly from 2nd year on)



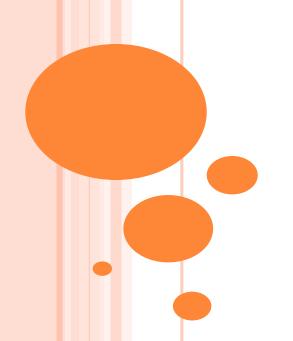
PARENT/GUARDIAN RESPONSIBILITY

- We have a very good working relationships between our parents and the school.
- Please do not hesitate in making contact.
- It is a big change from Primary to Secondary School.
- If in doubt at all, please make contact.
- The sooner we know about issues the better
- Some advice tips for parents of new 1st years.
- o Help, Support, Encourage, Protect, Set Boundaries
- Be vigilant



ATTENDANCE

- Pupils must have regular attendance. If you know that your daughter will not be coming into school, please telephone the school immediately and give explanation for her absence.
- If a student misses 20 days in a school year the school is obliged to contact the Education Welfare Officer.
- If your daughter is not marked present, and we have not be notified, an automatic text message will be sent.
- Holidays should not be arranged during the school year.
- Students should be punctual and if late a note of explanation should be written in the school journal.
- Students may not leave the school during the day without a note from their parent/guardian and the permission of the Tutor.



Ms Mary Dooley

Deputy Principal to First Years 2019/2020

LIVING A BALANCED LIFESTYLE ORGANISED ROUTINE: ALLOW TIME FOR EVERYTHING.

■Sleep: 7/8 hours per night

Diet: Healthy and balanced

Exercise: Sports/ walking/

swimming

Part-time work: Keep to a minimum: e.g.

Saturdays (few hours). Not

during the

week or Sunday nights or none at all.

Social life: Not during the week or

Sunday nights.



LIVING A BALANCED LIFESTYLE

Each Student is unique and needs to develop a balance that works for them regarding school life, study and their life world





ROLE OF PARENTS

- Motivate- Encourage, Recognize Progress, Reward.
- Monitor- Take interest, Check, Talk to other parents, P.T. Meetings, Take exam results seriously.
- Try to be aware: Of what's going on in school re: tests, work etc.

I.

The Role Of A Parent Is To

Be a Parent, a Friend, a Mentor



SIGNS OF STRESS

■ Try to be aware of SIGNS OF STRESS





- -Tiredness
- -Irritability
- -Too much or too little sleep
- -Negative talk
- -Lowering of ambition
- -Change in Appetite
- -Lack of concentration

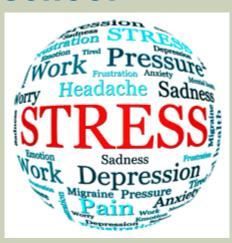
SIGNS TO WATCH FOR....

Avoidance Excuses for not studying



- -"I have no work to do"
- -Regular patterns of sickness and absence from school





BUSINESS OF SCHOOL DAY

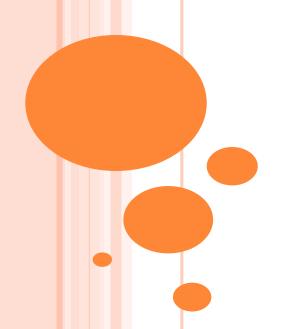
- Attendance and Punctuality
- Code of Behaviour
- Ladder of Referral
- Illness Going Home
- Medication
- Appointments
- School Journal -Notes/Communication

■ Please make sure that we have correct phone numbers and contact details for you.

- Please regularly check your childs journal
- All students must be collected if going home early or sick. With a signed note where possible.
- Permission slips for any outing or trip must be signed
- Please encourage your child to put away phones and other devices at night before bedtime.

MOBILE PHONES

- These may only be used at break time & lunch time.
- The phone should be used for essential calls and should be locked in the locker.
- Failure to observe these guidelines will result in the confiscation of the phone for one day.
- Mobile phones may not be used for taking photographs. No exception to the rule.



MS CAROLINE RYAN

Deputy Principal

THE CLASS TUTOR

- Each class has a Class Tutor a teacher who will meet them each morning for the assembly period for 8 minutes.
- This constant contact means that new students have a person in the school with whom they have contact each day and to whom they can talk if there is any problem with which they need help.





THE YEAR HEAD



- Each year group has a Year Head Teacher who has overall responsibility for the year group.
- They deal with pastoral and behaviour issues in the year and have a great deal of contact with the students.
- We also have an attendance officer with special responsibility for attendance.
- If there is any difficulty with attendance or a student requires a prolonged absence from school the attendance officer should be informed by note.





THE MEITHEAL MENTOR SCHEME

- We have a student mentoring programme in Presentation Wexford where three students from sixth year meet with new first year students in small groups, at lunchtime, once a week for the first months of the year.
- It is an excellent opportunity for first year students to get to know some of the older students and to ask for their advice on issues.
- The small group structure of the meetings allows students to get to know other first years in a structured environment.





LOCKERS

- Each student will receive a locker in the school.

 Lockers will be allocated at the start of the academic year. We recommend that students leave any valuables they have in the locker.
- You will be aware, from the Behaviour Code, that mobile phones must be switched off on arrival at school.
- Students should also use the lockers as much as possible for their books as this cuts down on the considerable weight of the bags.
- Students should get into the habit of going to lockers at break times to gather the books for the classes in the next session as students are not allowed to go to lockers between classes.



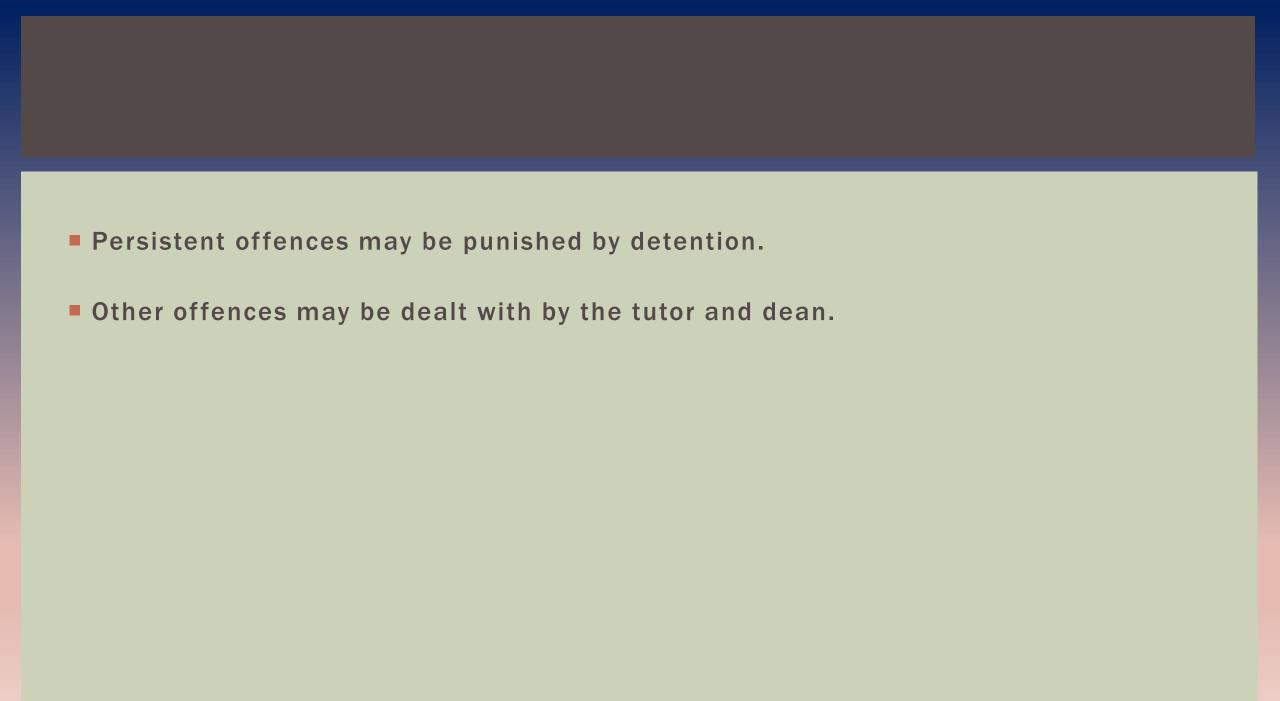
CODE OF BEHAVIOUR



- Good discipline in the school is required to create an atmosphere where each student feels secure and is taught to accept responsibility for her actions.
- In co-operation with parents the school is committed to working to build a sense of pride in the school and to foster respect for the whole school community.
- Expectation + Sanctions = CODE
- Code is signed by student and parent(s)
- Detention Lunchtime/ Evening Time
- In School and Out of School Suspensions

BEHAVIOUR

- School is a community and all must act together to make it work successfully.
- To further this all members of the school community should be treated with courtesy and respect.
- Smoking is not permitted on the school premises or at any time while in school uniform. Any pupil under the influence of or in possession of alcohol or drugs will merit immediate suspension.



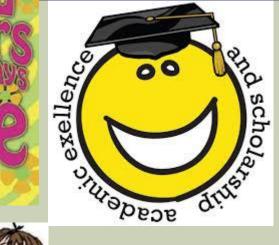
CODE OF DISCIPLINE PROMOTES...





Your life
begins to change
the day you take
responsibility for it.
-Steve Maraboli







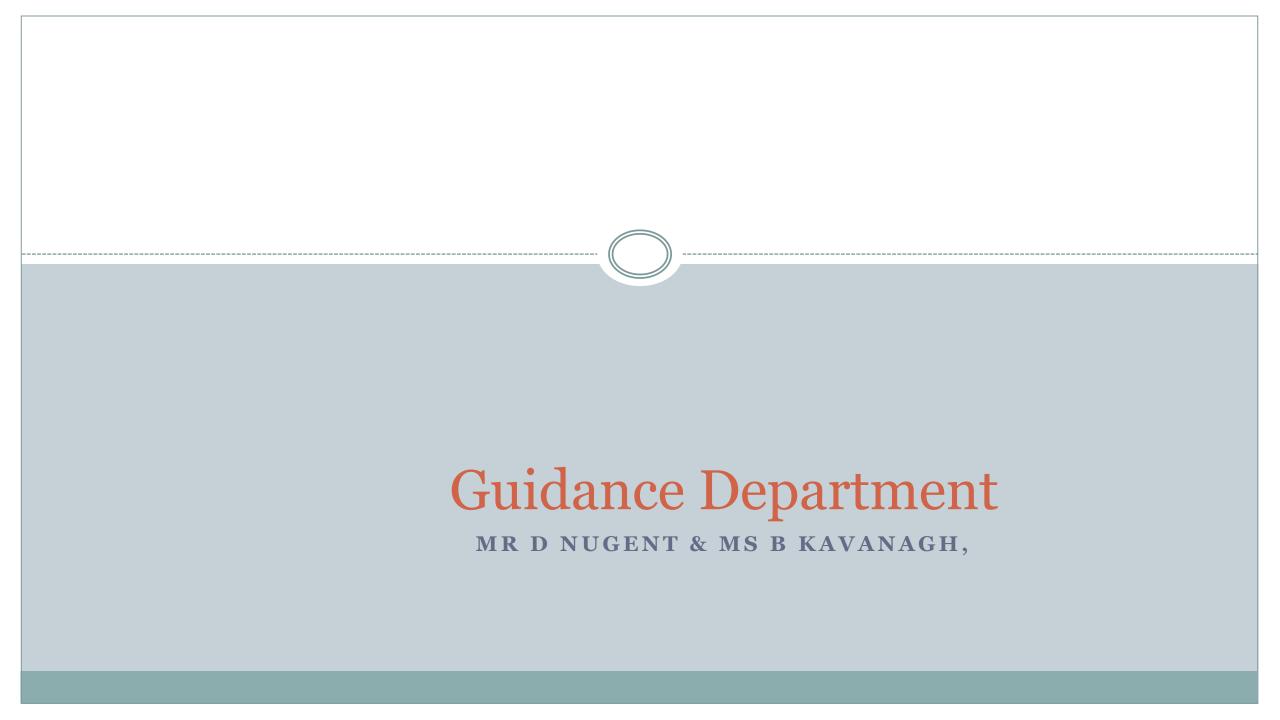
In a SAFE AND CARING ENVIRONMENT



PARENT MORNING

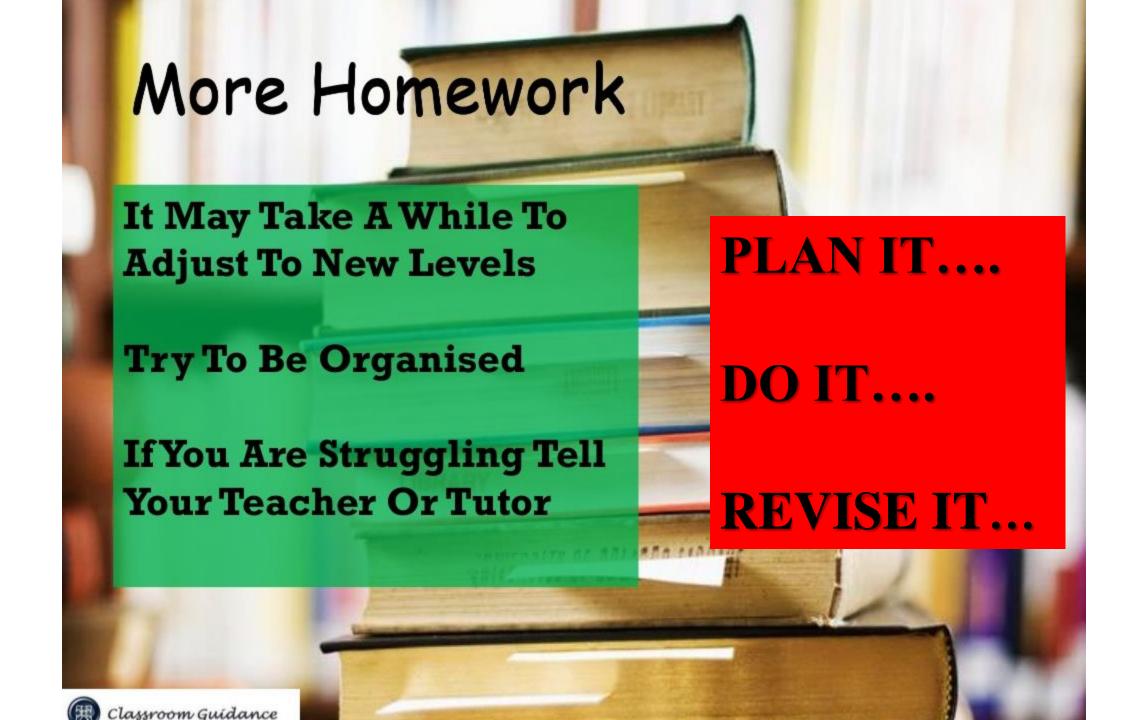
- Opportunity for parents/guardians to come into the school and see the type of work your child is engaged in in school.
- Stands for different subjects and extra-curricular activities
 manned by first year students.
- Chance to catch up with other parents and meet some first year teachers informally over a cup of tea.

Friday 18th October 11:30-12:30



"Our Best, Always"

Students as Learners



Homework Issues for 1st year



- 10 subjects
- Catching up if absent
- Recording homework
- Planning of homework
- · Homework at weekend
- All forms of homework are important
- Time management at home

What the experts- the students say!

Students who seem to achieve their best stated:

- "My mam checks my homework and sometimes asks me questions"
- "My dad helps test me after I have done my learning homework"
- "I am not allowed to go online until I have done all my homework"
- "I do it early.."
- At weekend -- I always do my homework when I come home I never leave it until Sunday night"

What students say!

Students who struggle to achieve their best stated:

- "I leave my homework until around 8.00pm after I have relaxed, watched TV and spent time online... I have no planned time to do weekend homework.. it varies ..but mainly Sunday night.
- "I am allowed one hour online before I do my homework"
- "When I go to bed I spend an hour or so online using my phone"
- "My parents don't check my homework"
- "we don't get much except when we have tests"
- "I learn only for tests"

Learning at Home

be <u>organised</u> & have a <u>routine</u>

- ✓ Plan it .. When. Where. How..
- ✓Do it Stay on task
- ✓ Revise it.... Remember it

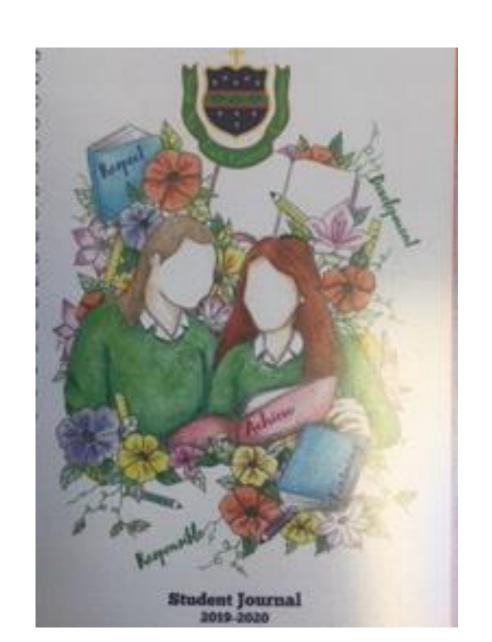
HOMEWORK

- WRITTEN
- ORAL
- LEARNING TO REMEMBER
- REVISION-going back to learn again for a test- "OVER LEARN"

- I WILL RECORD MY HOMEWORK/CLASSWORK IN MY JOURNAL
- I WILL ASK IF I DO NOT UNDERSTAND THE HOMEWORK ASSIGNED. I REALISE THAT THERE ARE MANY TYPES OF HOMEWORK
 - READING, WRITING, REVISION, RESEARCHING, STUDY.
- I WILL DO MY OWN HOMEWORK
- I WILL RECORD THE TIME ALLOCATED BY THE TEACHER FOR THE HOMEWORK ASSIGNED.
- I WILL GET MY JOURNAL SIGNED BY PARENT/GUARDIAN IF IT TAKES MORE THAN THE ALLOCATED TIME.
- I WILL MAKE MY BEST EFFORT AT HOMEWORK
 - I WILL CATCH UP ON ANY HOMEWORK MISSED.

SCHOOL JOURNAL

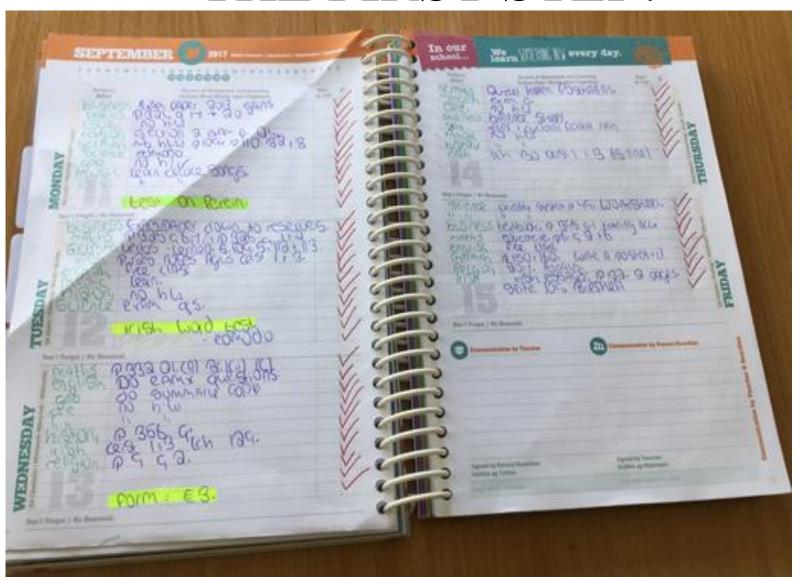
- Always have it with you
- Key to success
- Not private
- Subjects written in advance
- Record every class
- Students encouraged to use code (W) (L) (R)
 (O)
- 'Homework Buddies'
- Indicate time taken
- Parents monitor & check EACH NIGHT
- sign once a week



STUDENT JOURNAL

SUBJECT	HOMEWORK	DATE Done	
Monday			
French	learn(L) verb / (W) pg21 Q1-3		
Maths	pg 4 Q5-10 (W)		
Bus	pg 25 (L) key points		
Geog	Free Class		
Rel	paragraph pg 7 (W)		
Drama	word games		
Home Ec	ingredients for scones(P) /pg 10 ,11,(L)		
SPHE	My talents		
English	Test		

THE FIRST STEP!



1st YEAR HOMEWORK CHART (Homework & study)

TIME	MON	TUES	WED	THURS	FRI	Time	SAT	SUN
3.30pm- 4.30pm		basketball	Free	Free	Free			
4.30pm 5pm	Free	basketball	homework	Homework	Free	11am	Homewor k	
5pm - 5.30pm	Homework	Free	Dance	Homework	Homework		Finish/ pack bag	
5.30pm- 6pm	Dinner	Dinner	Dance	Dinner	Homework	2pm	town	
6pm- 6.30pm	T.V	Homework	Dinner	Homework	Dinner		town	
6.30pm- 7pm	Homework	Homework	Homework	Homework	Homework		town	
7pm- 7.30pm	Homework	Homework	Homework	Finish/ pack bag	Free			
7.30pm- 8pm	Finish/pack bag	revise for test	Finish/ pack bag	Free	Free			
8pm- 8.30pm	T.V	Free	Free	Free	Free			
8.30pm- 9pm	Free	Free	Free	Free	Free			
9pm- 9.30pm								

CREATE A LEARNING -FRIENDLY ENVIRONMENT

Same place if possible every night

Quiet room

Table and chair

Good lighting

Not too comfortable

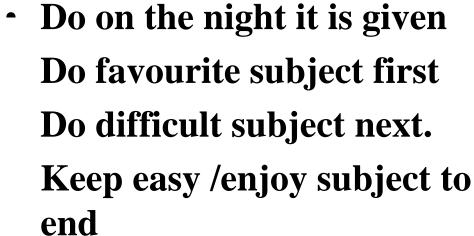
Background music?

Eliminate distractions-phones!!!!!

They do not need the internet to complete most of their home

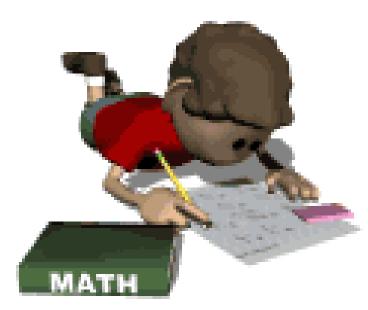
Homework Routine





Mix type of subjects
Mix activities —don't do all
written first then all learning

 Packing bag for next day part of homework



I REMEMBER...

10% OF WHAT I READ

20% OF WHAT I HEAR

30% OF WHAT I SEE

50% OF WHAT I HEAR & SEE

70% OF WHAT I WRITE & SAY

90% OF WHAT I DO

PASSIVE LEARNING

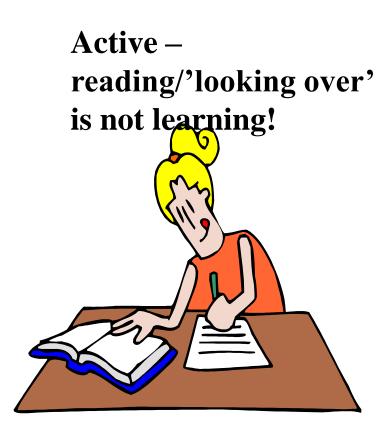
ACTIVE LEARNING

95% OF WHAT
I TEACH TO OTHERS

W. Glasser

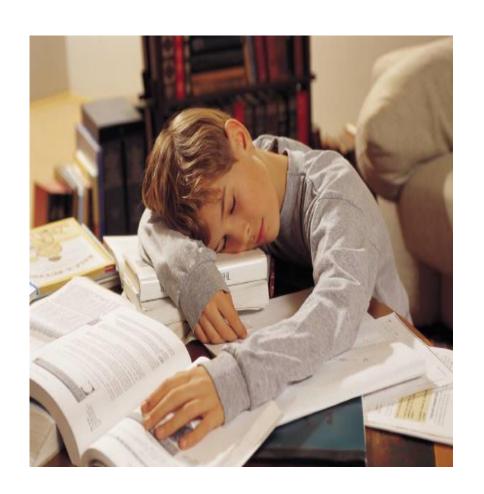
Learning to Learn-'POKER'

- 1. Pre-test(what do I know?)
- 2. Overview -read-scan(what is this about?)
- 3. Key words+key diagrams
- 4. Etch & Sketch -make notes/mind maps/flash cards =be active!
- 5. Retest-write /hear/ draw
 Check/circle mistakes



Coping with Tests

- Coping with anxiety
- Set realistic targets
- Avoid 'cramming'
- Do a little –often
- Make out own notes
- Train memory
- Practice recall by self testing-write it down!



Parents Role

- Stay involved-monitor-negotiate & advise
- Encourage doing their best / organisation for school
- Check & monitor

School journal

Learning environment at home

How they manage their time

Learning and self testing

Presentation of work

Eating patterns & habits

- Track Progress in school- test results/v s ware
- Subject Level —to do their best
- Monitor school work at home
- Focus on the positive- effort, developing skills, move from dependence to independence
- ASK!
- Gradual move to personal responsibility & own homework space.
- 'Homework & Study Skills Workshop' Jan 2020-

Parents Council



Our Standards

- Happy students and staff
- Caring and supportive towards each other
- Support
- High quality learning
- High personal standards
- Christian ethos
- Respect and manners
- Care and support
- High quality teaching
- High standards of behaviour
- Positive Reinforcement
- Homework
- Prefects and leadership
- Professionalism and respect







The Experience of First Years

1. What has been the hardest thing about the change from Primary to Secondary School?

"Leaving my old friends and going from a small school to a bigger school"

"LoNgEr DaYs"

"The weight of the school bag"

"The homework, the new school, the new friends (and the people you don't really click with) and the lockers."

"the hardest thing was the first day I was so nervous but after and hour I felt so comfortable there hasn't been anything to hard:) I love this school"

"the tests are a lot harder and more frequent"

"The teachers expect too much from you: (We're only in first year and we get well too much homework: ("

The Experience of First Years

2. What has been the best experience for you so far in the school?

"The best experience is meeting new friends and the Meitheal group is nice too and gets the class closer."

"I really liked induction days and my iPad"

"Making my new best friends, trying out all the different subjects we never had in primary school e.g. business, art and home economics"

Meitheal:

means 'a collective effort for the greater good of the community'.

"Meeting new friends and people,, basketball, the online safety talk, camogie blitz, the choir, basketball"

"Just being in the school and being accepted here"

"I have enjoyed every minute and I hope it stays that way!"

Fears and worries will decrease with time

- o "I worried I won't have any friends in my class."
- o "I worried my old friends will act differently."
- "I worried because everybody else will be bigger."
- "I worried I will be crushed."
- "I worried about being organised."
- "I worried about being late for class."
- "I worried about not knowing where to go."
- "I worried about teachers being too strict."
- "I worried about the content of the new subjects."
- We are here to help in any way possible

FINAL HINTS

- Use the school journal
- If there are problems contact the Teacher, Tutor or Year Head.
- Information may be found on the School website principals page and much more.
- Follow us on twitter, facebook, instagram
- Encourage your daughter to get involved in as many school activities as possible.

QUESTIONS AND ANSWERS







FIND US ON SOCIAL MEDIA









THANK YOU FOR YOUR TIME, PATIENCE & ENGAGEMENT.