

Parent Involvement The Foundation for Student Success PARENTS

+ TEACHERS
SUCCESSFUL KIDS



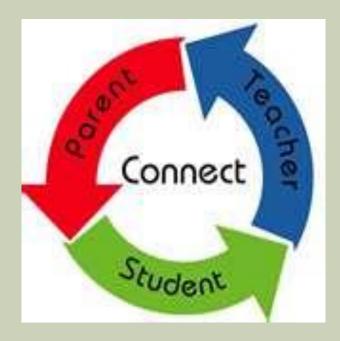
CREATING THE RIGHT ENVIRONMENT

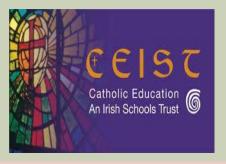
Partnership

School

Student

Home





Presentation Secondary School, Wexford



Our Best, Always

5 Year Focus

2017-2022



Attendance

Academic Achievement

Positive Behaviour



3rd Level Progression CPD

AFL

Literacy &

Leadership &

Restorative

Practice

Community

Links

STEAM

ICT



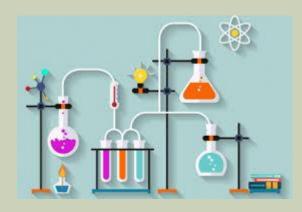
School Community



Well Being

SCHOOL BUILD

- DUE TO EVER INCREASING NUMBERS THE SCHOOL WILL BE BUILDING NEW FACILITIES TO START SOON.
- A NEW SCIENCE LAB AND PREP ROOM
- 2 NEW CLASSROOMS



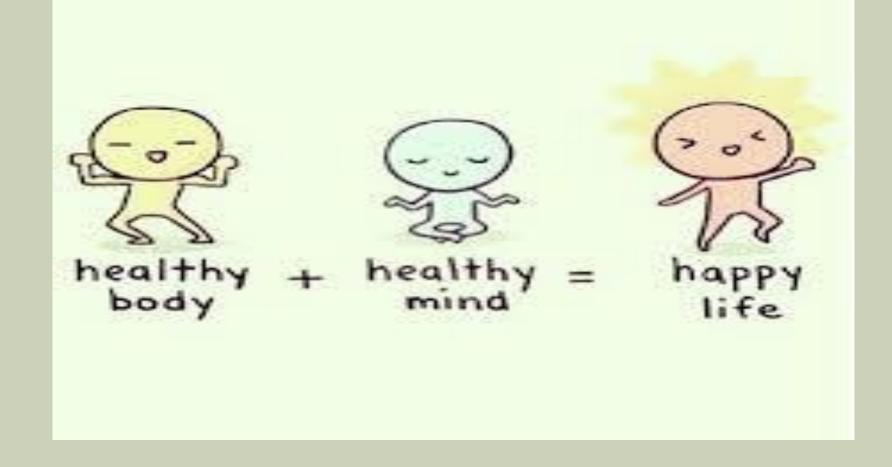


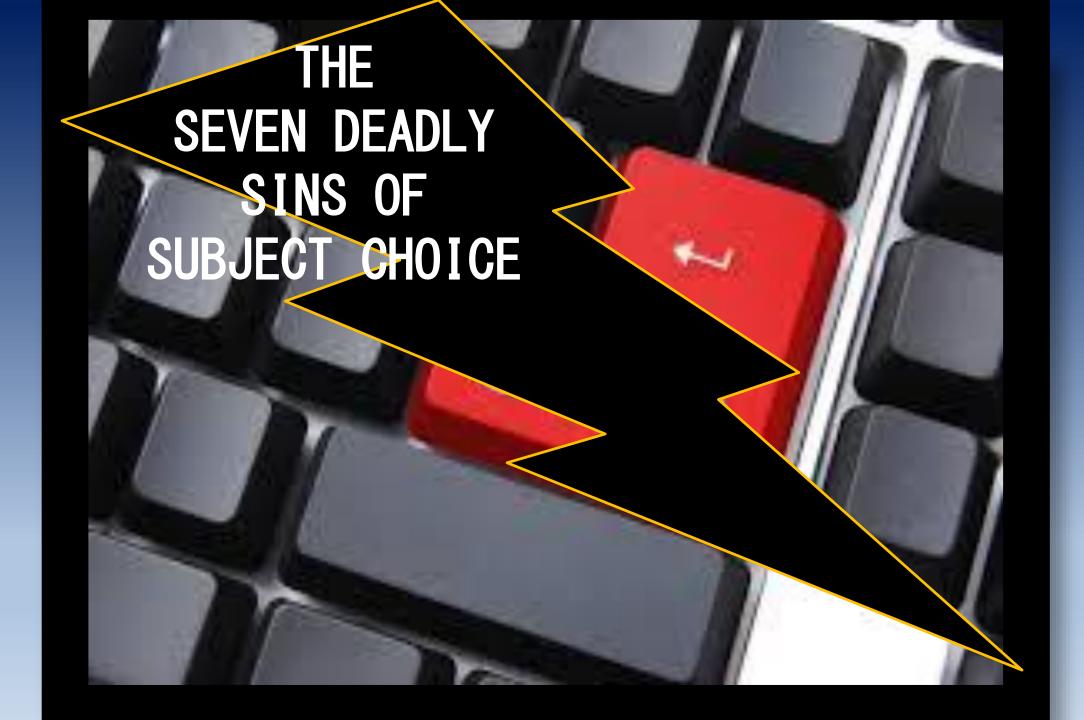




- As your daughter enters our school here in September 2018.
- She will be following a very long line of young girls just like her over the past 200 years.
- In October 2018, we celebrate 200 years of education and service by the Presentation community in Wexford.
- Firstly, a Primary school.
- Then in 1940 a second-level school was established and in the following years the school became a fully recognized Secondary school.

BALANCE





"You have to be really smart to do that subject"

"None of my friends are doing that subject so I'll be on my own"

"I'll just do that subject because every says it's really easy so I'll get really high points"

"I'm going to do that subject even though I really have no idea what it's about"

"Even though
I don't like
that subject at
all, I'll do it
just in case I
need it later
on"

"I didn't like it for JC but it will be fine for LC" " My sister did
it and hated it,
so I'll hate it
too!"

Myths about Subject Choice...

You must have a foreign language to get into college!

Social and Scientific and Agricultural Science are always considered as Science Entry Requirements!

If you don't get the Points, there is no other way into your chosen area! The same course in different colleges, asks for the same entry requirements!

Some LC subjects are easier than others!

Any
combination
of LC subjects
is accepted to
meet entry
requirements!

Entry
Requirements
always stay the
same!

I didn't do it for JC, so I can't do it for LC! Fail Irish,
English or
Maths
and you'll
fail your
LC!

You have to

take a

Science

Subject!

NEW POINTS SCALE FOR LEAVING CERT

| Existing (14-point) Scale | % Awarded | New Scale | % Awarded |
|---------------------------|-----------|----------------|-----------|
| A1 | 90-100 | H1/O1 | 90-100 |
| A2 | 85<90 | H2/O2 | 80<90 |
| B1 | 80<85 | | |
| B2 | 75<80 | H3 / O3 | 70<80 |
| В3 | 70<75 | | |
| C1 | 65<70 | H4/O4 | 60<70 |
| C2 | 60<65 | Annual Control | |
| C3 | 55<65 | H5 / O5 | 50<60 |
| D1 | 50<55 | | |
| D2 | 45<50 | H6/O6 | 40<50 |
| D3 | 40<45 | | |
| E | 25<40 | H7 / O7 | 30<40 |
| F | 10<25 | H8/O8 | 0<30 |

NEW POINTS SCALE FOR LEAVING CERT

| New Grades | % Marks | |
|------------|---------|--|
| H1/O1 | 90-100 | |
| H2 / O2 | 80<90 | |
| H3 / O3 | 70<80 | |
| H4 / O4 | 60<70 | |
| H5 / O5 | 50<60 | |
| H6 / O6 | 40<50 | |
| H7 / O7 | 30<40 | |
| H8 / O8 | 0<30 | |

STUDENTS WHO DO WELL IN THE LEAVING CERTIFICATE

- Put the effort in over the two years, 5th and 6th.
- Get into a routine of study early on.
- Develop a habit of study.
- Are motivated.
- Are organised.
- Live a balanced lifestyle.

- Have discovered a method of study that suits them.
- Are aware of their abilities and limitations and set realistic goals for themselves.





STUDENTS WHO DO WELL IN THE LEAVING CERTIFICATE

- Take class tests and school exams seriously.
- Listen to and engage with their Class Teachers and other School Staff.
- Have conditions at home conducive to study
- Have supportive, interested parents who encourage, motivate and get the pressure balance right.





LIVING A BALANCED LIFESTYLE ORGANISED ROUTINE: ALLOW TIME FOR EVERYTHING.

■Sleep: 7/8 hours per night

Diet: Healthy and balanced

Exercise: Sports/ walking/

swimming

■ Part-time work: Keep to a minimum: e.g.

Saturdays (few hours). Not

during the

week or Sunday nights or none at all.

Social life: Not during the week or

Sunday nights.



LIVING A BALANCED LIFESTYLE

Each Student is unique and needs to develop a balance that works for them regarding school life, study and their life world





ROLE OF PARENTS

- Motivate- Encourage, Recognize Progress, Reward.
- Monitor- Take interest, Check, Talk to other parents, P.T. Meetings, Take exam results seriously.
- Try to be aware: Of what's going on in school re: tests, work etc.

I.

The Role Of A Parent Is To

Be a Parent, a Friend, a Mentor



SIGNS OF STRESS

■ Try to be aware of SIGNS OF STRESS





- -Tiredness
- -Irritability
- -Too much or too little sleep
- -Negative talk
- -Lowering of ambition
- -Change in Appetite
- -Lack of concentration

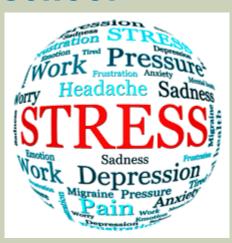
SIGNS TO WATCH FOR....

Avoidance Excuses for not studying



- -"I have no work to do"
- -Regular patterns of sickness and absence from school





ACADEMIC TRACKING OF 5TH YEARS

- Receiving 2 reports in addition to House Exams I, House Exams II.
- Progress Reports at end of October and March
- Academic Tracking with Principal meeting at beginning of 5th year and 6th year

SENIOR CYCLE ACADEMIC TRACKING

| Name | |
|------|-------|
| Year | Tutor |

Academic Achievement

Please fill in the name of the subjects that you are taking for your leaving certificate.

| Subject | Level | House | House | CAO | House | House | CAO | LC | LC |
|-----------|-------|--------|--------|--------|---------|---------|--------|------|--------|
| | H/O | Exam I | Exam | Points | Exam II | Exam II | Points | Goal | CAO |
| | | Goal | Result | | Goal | Result | | | Target |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| Total CAO | | | | | | | | | |
| Points | | | | | | | | | |

3rd Level Progression

What do you hope to do after you leave school? Please list 6 areas of study/work that you would like to pursue after the Leaving Certificate.

| | Course/Field of Study | Institution | CAO points currently |
|----|-----------------------|-------------|----------------------|
| 1. | | | |
| 2. | | | |
| 3. | | | |
| 4. | | | |
| 5. | | | |
| 6. | | | |

| | ırses |
|--|-------|

| | College | | Course | |
|-----------|------------------|----------------------|--------|---|
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| JCAS/E | uropean College | es/ any other course | | |
| | | | | |
| | | | | |
| | 1 subject for Tr | | | |
| Test | Result | Student Reflection | | |
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| Student | Signature: | Date: | | |
| Parent/0 | Guardian Signat | ture: | Date: | _ |
| Principal | l Signature: | Date: | | |

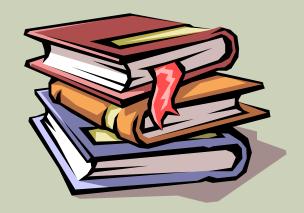
CAROLINE RYAN 5TH YEAR DEPUTY PRINCIPAL

STUDY AND ORGANISATION

What is meant by "study"?
 Homework, Making notes,
 Revision, Practice Exam Questions.



- How much study?
- **■5**th years recommendation
- ■3+ hours



STUDY AND ORGANISATION

Study Routine:

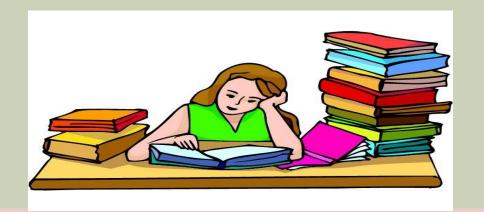
-Realistic and achievable

inclus Tuesday Wednesday Thursday distory from 1 Dismistry - 8 K. 9.45-10.30 am 10.35-11.20 am - 8 K 11.35-12,20 pm French. English 13.00 pm Chemistry 10 - 8 13.15-14.00 pm Geography 14:00-15:30pm

-To allow for other aspects of life.

-Support

that routine.



STUDY TIMETABLE

| Time | Monday | Tuesday | Time | Wednesday | Thursday | Friday |
|-------------------|--------|---------|-------------------|-----------|----------|--------|
| 4.05pm Study 1 | | | 3.25pm Study 1 | | | |
| 4.35pm Study 2 | | | 3.55pm Study 2 | | | |
| 5.05pm H/W | | | 4.25pm H/W | | | |

| | Study 1 | Study 2 | Study 3 | H/W 1 | H/W 2 | H/W 3 |
|----------|---------|---------|---------|-------|-------|-------|
| Saturday | | | | | | |
| Sunday | | | | | | |

CONDITIONS CONDUCIVE TO STUDY

Suitable place for study:



Quiet, no radio, music or television.
Desk and chair.
Good heat and light.

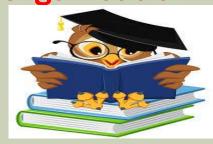
■No distractions:



No friends calling.
No Telephone calls.
Consideration from other family members.

CONDITIONS CONDUCIVE TO STUDY

Organisation:



Study Methods:



- -Good notes, organised in files/system
- Correct Books

-30-40 minute segments with short 5-10 min breaks. -Take notes, Summarise, Study, Memorise, Test.

STUDY METHODS

Study Methods
 record of study to
 trends.
 -Experiment with different
 approaches.

-Set Targets and Goals

(use school journal)

-Evaluate Progress



EXTRA CURRICULAR ACTIV



- Basketball
- Football
- Athletics
- Camogie
- Equestrian
- Soccer
- Outdoor Pursuits Days
- Deep Green
- Games Club
- Library Club
- Feminist Society
- Drama
- Badminton
- Exchanges
- Creative Writing Club
- Senior and Junior Choir
- Liturgical services
- Positivity Group





MARY DOOLEY DEPUTY PRINCIPAL

MOTIVATION MOTIVATORS: POSITIVE STRESS (INTERNAL & EXTERNAL FACTORS)

INTERNAL

- Own values
- Self esteem & self belief
- Clear goals
- Progress & success (the more you do the more you feel you can do)

EXTERNAL

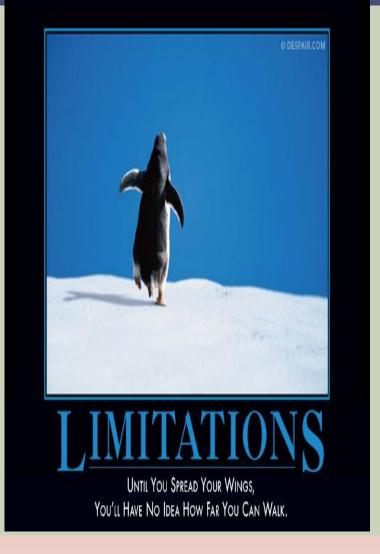
- Parents
- Peers
- School Tests & Exams
- Rewards



DEMOTIVATORS

- Low self-esteem (lack of confidence)
- Negative comparisons with others
- Unrealistic expectations (high/low)
- Too much stress/ pressure
- No clear future career plans

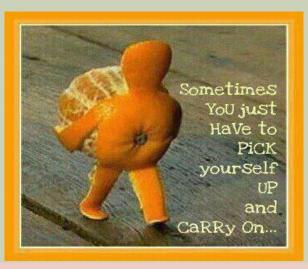
- Too little stress/ Pressure
- Lack of Routine
- Disorganisation (Missing notes, Not being able to find anything)
- Work is allowed to pile up and becomes too much to cope with

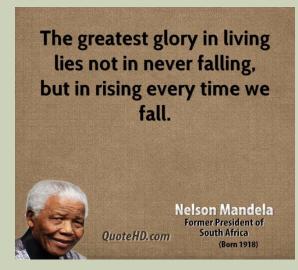


RESILIENCE

- Not only to survive, but to thrive...
- ■Inner strength....bounce back
- Bridge
 - Traffic on bridge
 - Pillars -support
 - Cross over

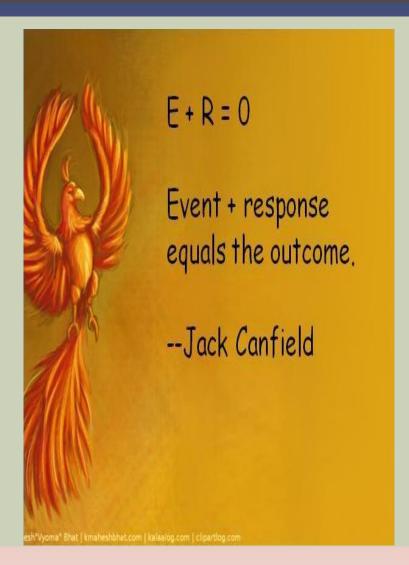


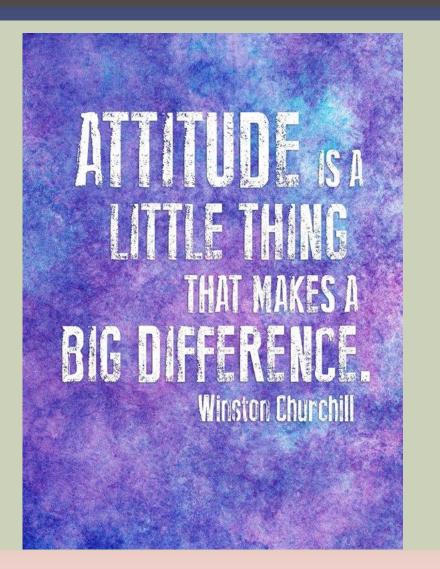






MOTTO





CONCLUSION

Parental Support & Interest makes a difference

Start Career Planning and Research

■The Leaving Certificate is a two year course

■The student is ultimately responsible





"Everyone is a genius. But if you judge a fish on its ability to climb a tree, it will live its whole life believing that it is stupid."

Albert Einstein

THANK YOU FOR ATTENDING.



